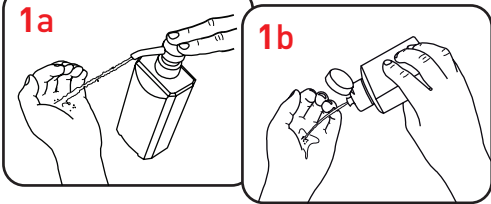


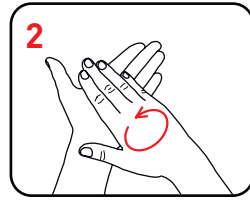
# HAND CLEANING TECHNIQUES

## How to handrub?

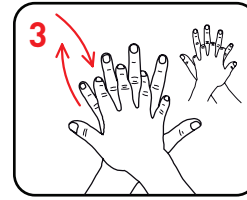
WITH ALCOHOL HANDRUB



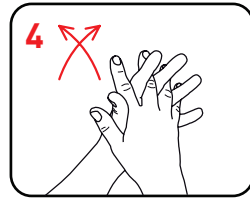
Apply a small amount (about 3ml) of the product in a cupped hand, covering all surfaces



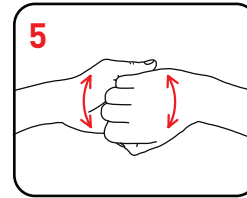
Rub hands palm to palm



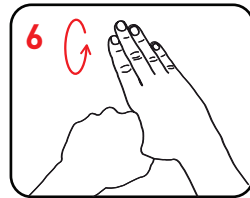
Rub back of each hand with the palm of other hand with fingers interlaced



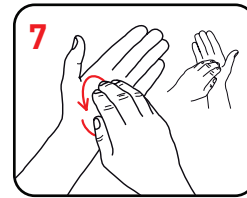
Rub palm to palm with fingers interlaced



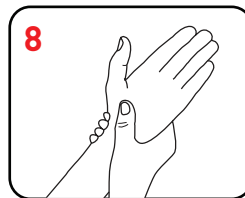
Rub with backs of fingers to opposing palms with fingers interlaced



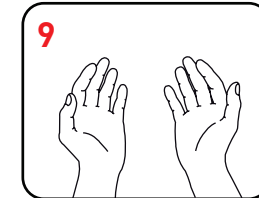
Rub each thumb clasped in opposite hand using rotational movement



Rub tips of fingers in opposite palm in a circular motion



Rub each wrist with opposite hand



Once dry, your hands are safe



# HAND CLEANING TECHNIQUES

## How to handwash?

WITH SOAP AND WATER

